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Book Reviews: Technical Books Section

(Page 6 c - Review by Srijit Das, India)



FEATURED BOOK: MAIN PAGE

AN INTERESTING PUBLICATION

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Rating : 9.0
★★★★★★★★★ (9/5)

The Atlas of Heart Disease and Stroke, 1st Edition *by* Judith Mackay and George A Mensah. Soft cover, 7" x 9.5".

World Health Organization, Avenue Appia 20, 1211 Geneva 27, Switzerland (in collaboration with Centres for Disease Control and Prevention); 112 pages: ISBN 92 4 156276 8. NLM classification: WG 210. Publication Date 2004: Price: CHF 50.00/US $ 45.00; In developing countries: CHF 35.00
WHO's Catalogue of Publications

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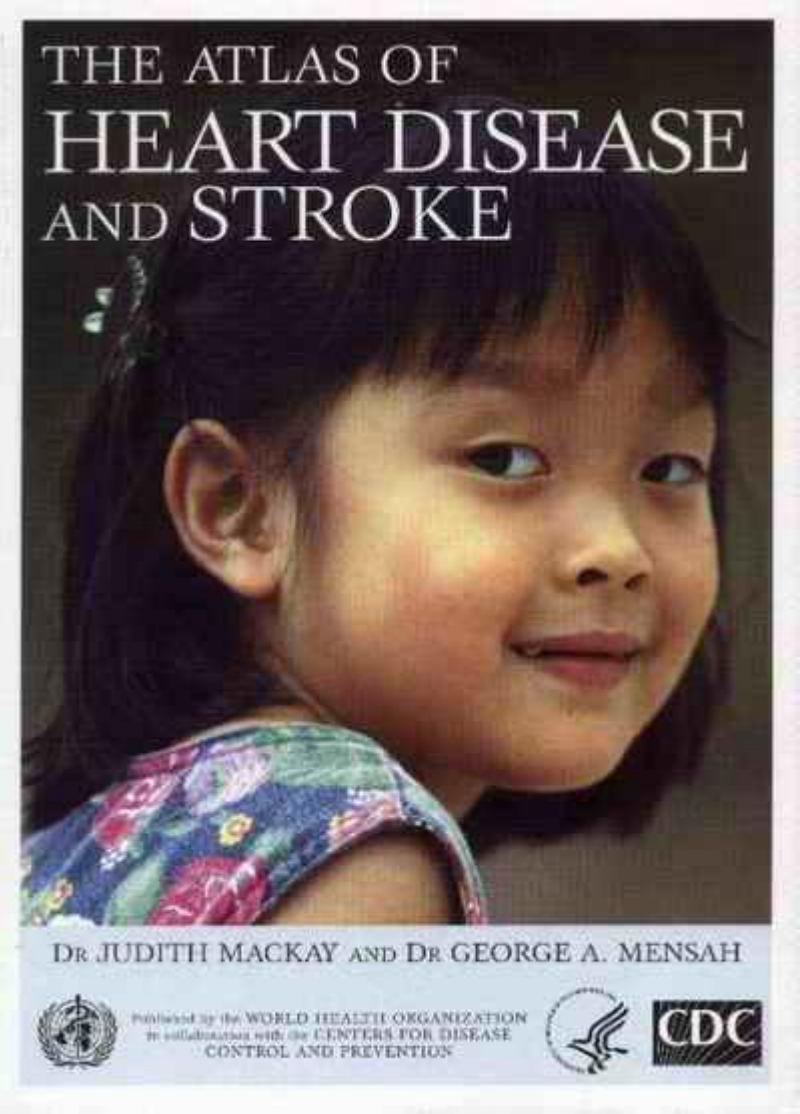

The Atlas of Heart Disease and Stroke by Dr. Judith Mackay & Dr.George A. Mensah and published by World Health Organization, has taken a courageous step to highlight the importance of coronary heart disease and stroke in developing countries by discussing its etiology, prevention and control. The atlas has its contents divided into five parts where the authors erudite the topic.

...The Atlas of Heart Disease and Stroke is an interesting publication having excellent pictorial representations, figures, histograms and bar diagrams. The inclusion of important proverbs makes it more thought provoking...

Part 1 describes various types of cardiovascular diseases in detail. Part 2 describes the risk factors which would surely benefit any reader. The risk factors in childhood and youth have been highlighted and this should clearly spread the message in the masses. The role of tobacco has been effectively dealt with. The role of physical inactivity is very important in coronary heart disease and the authors have given much needed information in this regard. The role of women as defined by the authors rightly assumes special importance in day to day life. Part 3 discusses the global burden and costs. The useful data may be important for future planning and course of action. Part 4 describes the research aspect and Organizations involved in controlling this disease.

In today's fast paced world, less people pay attention to the prevention and control of coronary heart disease at the personal level and the conscientious approach by the author has clearly taken a step to expunge the problem.

View this book on Amazon

The Atlas of Heart Disease and Stroke is an interesting publication having excellent pictorial representations, figures, histograms and bar diagrams. The inclusion of important proverbs makes it more thought provoking. The publication will surely benefit any reader whether medical or non medical, government bodies and non government organizations in its effort to combat the coronary heart disease at the National or International level.



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Dr.Srijit Das is working as Assistant Professor of Anatomy in Maulana Azad Medical College, New Delhi (India) since 2001. Dr.Das completed his medical degree in 1992 from V.S.S.Medical College, Burla, situated besides the famous Hirakud dam in Orissa. He completed his post graduation in Anatomy (i.e MS degree) from S.C.B.Medical College, Cuttack, Orissa, in 1997. Dr.Das worked as a Senior Resident in Anatomy in the prestigious All India Institute of Medical Sciences, New Delhi from 1997 to 2001. He was selected as Asst Prof through UPSC interview in 2001. Dr.Das has been selected earlier for faculty posts in Libya, Nepal and Mauritius.

Dr.Das has several publications in National and International Journals. He has reviewed article for 'Clinical Anatomy' published from USA. Dr.Das special research areas include gross anatomy and osteology. Dr.Das has worked on ABO blood groups and secretor status. Dr.Das has also worked on the opioid receptors in CNS and this work was presented in European Opioid Conference in 2000. Dr.Das is a member of Anatomical Society of India, Biotech Society of India and International Society for vertebrate Morphologie.

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