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Book Reviews: Technical Books Section

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FEATURED BOOK : REVIEW 1

A STANDARD REFERENCE TEXT

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Rating : 9.5
★★★★★★★★★½ (9.5/5)

The Atlas of Heart Disease and Stroke, 1st Edition *by* Judith Mackay and George A Mensah. Soft cover, 7" x 9.5".

World Health Organization, Avenue Appia 20, 1211 Geneva 27, Switzerland (in collaboration with Centres for Disease Control and Prevention); 112 pages: ISBN 92 4 156276 8. NLM classification: WG 210. Publication Date 2004: Price: CHF 50.00/US $ 45.00; In developing countries: CHF 35.00
WHO's Catalogue of Publications

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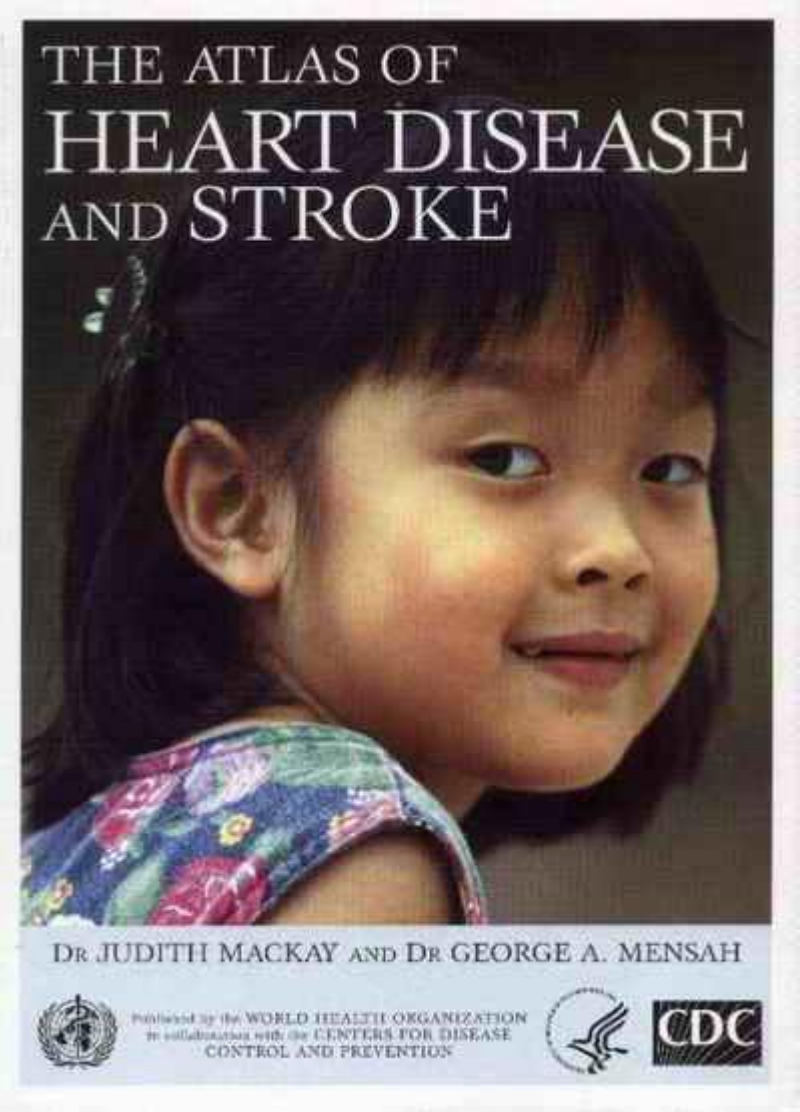

Heart disease and stroke, spawn with them the increasing incidence of mortality and morbidity in both the developing and developed worlds, and the risk factors associated with these incubate them to hatch into a new global epidemic.

As health care professionals, we've all studies diseases with lots of text to guide us. We've studied the physiology, the pathophysiology and the medicine to cure. But such text does not bring forward the deep understanding of the problem on a global scale, the picture of the impact of the disease on people and communities, rather than just an individual patient in our busy clinical practice.

What are the types of cardiovascular diseases prevalent? What are the risk factors associated with these and how can they be avoided? What is the global burden of the disease including the economic burden? What action can be taken in terms of prevention by research, policies & legislation? What is the role of organizations and health education in prevention? The treatment modalities and what lies in future?

The Atlas of Heart Disease & Stroke is a prodigiously compiled visual reference that provides the answers to these essential issues.

The challenge to control and prevent cardiovascular diseases is clearly highlighted with a plethora of significant epidemiological information, clearly insinuating the role of preventive medicine to take up that challenge.

...This atlas from the WHO is surely a standard reference, with its concise, clear illustrations and functional layout, providing a unique way to give professionals quick access to a wealth of information about this essentially preventable disease...

The layout of the atlas is extremely well suited even for busy professionals. Each topic features clearly labeled, full color illustrations from the World Health Organization, that provide excellent visual understanding of the epidemiology. Bulleted facts provide quick, concise, up to date information under each heading. A glossary of terms used provides further information.

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The beautiful color and overall visual attractiveness ensure this atlas's use as the perfect knowledge reference aid.

This atlas from the WHO is surely a standard reference, with its concise, clear illustrations and functional layout, providing a unique way to give professionals quick access to a wealth of information about this essentially preventable disease.

-Paras Agarwal



-Paras Agarwal
Paras Agarwal, 21, is currently an undergraduate student of medicine and surgery, IIIrd professional, at the Maulana Azad Medical College, New Delhi. An avid lover of books of all kinds, he has been the topper in most of his academic examinations. He is also the Joint Student Editor of his institution for the semester. Paras can be contacted at paras_ag@yahoo.com.

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