ANIL AGGRAWAL'S
Internet Journal of
Forensic Medicine and Toxicology
The world's first online journal devoted entirely to forensic medicine and toxicology · Published 1 January and 1 July

VOL. 4, NO. 1
Downloaded from www.anilaggrawal.com · ISSN 0972-8074 (Online) · https://www.anilaggrawal.com/ij/vol_004_no_001/reviews/tb/page012.html

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INTERESTING AND VERY EDUCATIVE

Human Skeletal Anatomy: Laboratory Manual and Workbook, 1st Edition, *by* Scott I. Fairgrieve and Tracy S. Oost. Spiral Bound, 8.5" x 11".
Charles C. Thomas Publisher, 2600 South First Street, Springfield, Illinois 62794-9265. Publication Date 2001. xxii + 166 pages, ISBN 0-398-07202-7. Library of Congress Catalog Card No. 2001130439. Price $32.95

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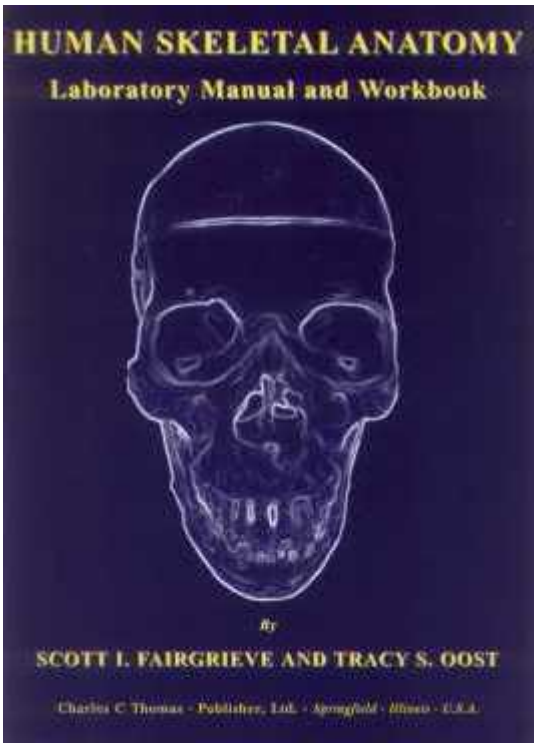

The book "*Human Skeletal Anatomy, Laboratory Manual and Workbook*" written by Scott I. Fairgrieve and Tracy S Oost has 166 pages and it is designed to assist students in Human Skeletal Anatomy.

As a workbook, its strong points are its flexibility; user friendliness and regional approach, which coupled with the incremental manner of presentation of materials, tend to aid memory.

Furthermore, important points are highlighted for emphasis, another aid to learning. It is well illustrated with diagrams and the series of exercises commend it as a well-written laboratory manual and workbook.

Because of its focus on the human skeleton, it will be valuable to Osteologists, Physical and Forensic Anthropologists/Pathologists, in their quest to acquaint themselves with the basic ingredients of the human skeleton that they very much require.

The book is also recommended to Preclinical Medical Students as it provides them with the 'nitty gritty' they require in their early Medical Education especially in identifying human skeletal materials.

I have found the description of the individual bones very easy and interesting. However, the book does not tackle ossification of individual bones, which is vital to Medical Practitioners considering the dearth of osteologists in the developing world, especially Africa. This does not take away the credit due the Authors as they have painstakingly produced an interesting and very educative book that will adequately meet the needs of those the book is intended for.

-PROFESSOR P S IGBIGBI
Professor Igbigbi is currently the Head of Department of Anatomy, College of Medicine, University of Malawi. He has 47 publications in referred journals, 4



published books in Human Anatomy, 11 chapters in Neuroanatomy textbooks and 39 published abstracts. He is a member and chairman, Editorial Board of Malawi Medical Journal (MMJ) and a reviewer for many international journals. He can be contacted at pigbigbi@yahoo.com

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